

# LET'S GO...

# SKI-ING IN



Not the recommended way of coming to a halt—but an effective one!



It's a long way to the top, but it's worth it... Of course, some centres have a ski lift or an endless rope, as seen here in the Cairngorm Mountains in Invernes

You are never too young to learn ski-ing. In Scandinavia, Austria and Switzerland, for instance, children are fully at home on skis by the time they are four. And although that may not be possible in Britain, more and more young people are taking to the nursery slopes during their holidays.

MANY are attracted to Scotland's ski-ing centres, which have several advantages for the beginner. They are much nearer and cheaper than the Continental resorts. They have none of the dangers of the Alps and other mountain areas of Europe. You cannot get lost, and there are always plenty of other young people for company, most of them in any old warm clothes, falling down all over the place. And you are not put to shame by those Swiss or Austrian boys and girls who have been ski-ing

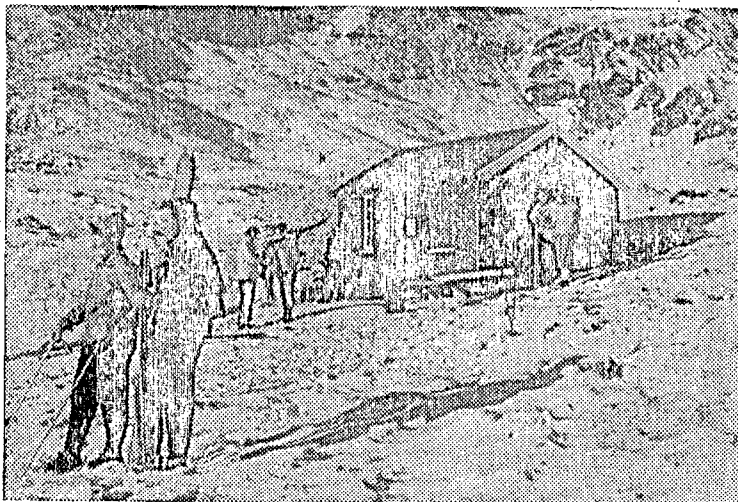
practically since they climbed out of the cradle.

The Scottish centres now have all the facilities of transport to the ski-slopes, excellent instructors (most of them Norwegian, Austrian, or Swiss), and some of the slopes are high and exhilarating enough even for the expert.

The Scottish season starts in mid-September. By Christmas time the snow begins to pack on the heights of the Cairngorm



One of the first lessons is how to stop!



A ski hut high up on Ben Lawers, Perthshire.

